

# 7. Euro Open & 15. NWRV Indoor-Cup

30./31.01. 2010 - THG-Halle  
Essen-Kettwig



## TIMETABLE SATURDAY

Teammanagers Meeting 10:00 h

Opening Ceremony 11:30 h

### Heats 1.500m:

105	Junior Women (15/16 Years)		12:00	12:10
106	Lightweight-Junior Women (15/16 Years)			12:20
107	Junior Men (15/16 Years)	12:35	12:45	12:55
108	Lightweight-Junior Men (15/16 Years)		13:05	13:15

### Heats 2.000m:

1	Junior Women (17/18 Years)			13:30
2	Lightweight-Junior Women (17/18 Years)			13:40
3	Junior Men (17/18 Years)	13:50		14:00
4	Lightweight-Junior Men (17/18 Years)			14:10
5	Women (19-22 Years)	14:20		14:30
6	Women Elite			14:40
7	Lightweight-Women (19-22 Years)			no heats!
8	Lightweight-Women Elite			14:40
9	Lightweight-Men (19-22 Years)			14:50
10	Lightweight-Men Elite			15:00
11	Men (19-22 Years)	15:10		15:20
12	Men Elite			15:30

### Finals 2.000m:

13-14	Women (30-39 Years)			15:45
15-16	Men (30-39 Years)			16:00
17-18	Women (40-49 Years)			16:15
19-20	Men (40-49 Years)			16:30
21-22	Women (50-59 Years)			16:45
23-24	Men (50-59 Years)			17:00
25-26	Women (60-69 Years)			16:45
27-28	Men (60-69 Years)			17:15
29-32	Women & Men (> 70 Years)			17:30

33-35	Handicap Women			17:45
36-38	Handicap Men			18:00

39	Fitness Women-Quad			18:15
40	Fitness Men-Quad			18:30

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## TIMETABLE SUNDAY

### Finals 1.000m:

101	Girls (13 Years)		09:00
102	Girls (14 Years)	09:08	09:15
103	Boys (13 Years)	09:23	09:30
104	Boys (14 Years)	09:38	09:45

### Finals 1.500m:

105	Junior Women (15/16 Years)		10:00
106	Lightweight-Junior Women (15/16 Years)		10:15
107	Junior Men (15/16 Years)		10:30
108	Lightweight-Junior Men (15/16 Years)		10:45

### Finals 2.000m:

1	Junior Women (17/18 Years)		11:00
2	Lightweight-Junior Women (17/18 Years)		11:15
3	Junior Men (17/18 Years)		11:30
4	Lightweight-Junior Men (17/18 Years)		11:45
5	Women (19-22 Years)		12:00
6	Women Elite		12:00
7	Lightweight-Women (19-22 Years)		12:15
8	Lightweight-Women Elite		12:15
9	Lightweight-Men (19-22 Years)		12:30
10	Lightweight-Men Elite		12:30
11	Men (19-22 Years)		12:45
12	Men Elite		12:45

### Finals 1.000m:

109	Women Handicap		13:00
110	Men Handicap		13:00

111-118	Women (30-75 Years)		13:15
119-126	Men (30-75 Years)		13:30

### Finals 2.000m:

127	Boys & Girls-Quad		13:45
128	Junior Men & Junior Women-Quad		14:00
129	Club Quad		14:15